



Syllabus

Specialty Practice - 2nd year of study

No.	CONTENT of the THEME	No.of hours/theme
1.	Filling in of the primary medical records, under the strict supervision and directives of a physician: patient chart/patient personal file, reference note, hospital leaving note, medical letter etc.	20 hours
2.	Acquiring basic nursing techniques: measuring the temperature, pulse, blood pressure	20 hours
3.	The collection of biological samples for analysis: blood, urine, sputum.	10 hours
4.	Drugs administration: - oral (under supervision) - intramuscular injection (just observation) - intravenous injections (just observation) - subcutaneous injections (just observation)	20 hours
5.	Assisting the patient during some functional explorations (Cardiology Department: EKG, echocardiography, effort tests, Holter ECG monitoring)	10 hours
6.	Basic first aid in case of emergency; assistance of patients with acute respiratory failure (which does not require intubation)	20 hours
7.	Preoperative preparation of the patient	10 hours
8.	Post-operative care of patients; pain relief, diuresis monitoring, gastrointestinal function monitoring;	10 hours
9.	Care/nursing of immobilized patients - prevention of injuries caused by decubitus (eschar)	10 hours
10.	Monitoring of wound healing	10 hours
11.	Care/nursing of patients with colostomy, gastrostomy, jejunostomy	10 hours
12.	Composition of specific diets for some frequent pathologies of adults or infants and children (diabetes mellites, high blood pressure, malabsorption syndromes, gastritis/digestive ulcers, renal failure etc.)	10 hours

ASSESSMENT

In the first week of September 2025, students should submit to the nominated tutor of the year a logbook with the description of all medical activities performed in the hospitals.

All activities, according with the syllabus, should be validated by the supervisor from the Hospital, with stamp and signature.

The tutor will analyze all submitted documents and will offer grades from 1 to 10.

Students will pass this subject and will receive 2 ECTS if the grade is minimum 5.

